

## Evaluation – Report

Lecture Title: **"Time and Self Management for Scientists"**

Lecture Date: **Sep 1, 2016**

Lecturer/Instructor: **Dr. Matthias Schwarzkopf, FSU Jena**

### 1. Demographics

a) Please let us know which JSMC Research Training Group you belong to:

|                  | Anzahl | %       |
|------------------|--------|---------|
| JSMC Fellows (1) | 0      | 0.00%   |
| GRK 1257/2 (2)   | 0      | 0.00%   |
| ILRS (3)         | 0      | 0.00%   |
| IMPRS (4)        | 10     | 100.00% |

b) PhD project start was x years ago:

|               | Anzahl | %      |
|---------------|--------|--------|
| < 1 year (1)  | 3      | 30.00% |
| < 2 years (2) | 2      | 20.00% |
| < 3 years (3) | 3      | 30.00% |
| > 3 years (4) | 2      | 20.00% |

c) How close was the topic of the workshop to your own current research work?

| very close |        |        |       | not related at all |
|------------|--------|--------|-------|--------------------|
| 40.00%     | 40.00% | 10.00% | 0.00% | 10.00%             |
| (4)        | (4)    | (1)    | (0)   | (1)                |

**M = 2.00**

d) How did you learn about the course?

|  | Anzahl | %      |
|--|--------|--------|
| from the <a href="#">JSMC Event Calendar</a> | 1      | 10.00% |
| from the <a href="#">JSMC Newsletter</a>     | 0      | 0.00%  |
| by email from one of the coordinators        | 9      | 90.00% |
| from a colleague                             | 1      | 10.00% |
| Other: IMPRS                                 | 1      | 10.00% |

## 2. Course Structure

a) *The goals and the structure of the course matched well with the course description.*

| 1 - I fully agree | 2             | 3            | 4            | 5 - I disagree |
|-------------------|---------------|--------------|--------------|----------------|
| 80.00%<br>(8)     | 20.00%<br>(2) | 0.00%<br>(0) | 0.00%<br>(0) | 0.00%<br>(0)   |

**M = 1.20**  
(ideal=1)

b) *The course was well structured.*

| 1 - I fully agree | 2             | 3            | 4            | 5 - I disagree |
|-------------------|---------------|--------------|--------------|----------------|
| 80.00%<br>(8)     | 20.00%<br>(2) | 0.00%<br>(0) | 0.00%<br>(0) | 0.00%<br>(0)   |

**M = 1.20**  
(ideal=1)

c) *There was sufficient time / opportunities for questions and discussions*

| 1 - I fully agree | 2            | 3            | 4            | 5 - I disagree |
|-------------------|--------------|--------------|--------------|----------------|
| 100.00%<br>(10)   | 0.00%<br>(0) | 0.00%<br>(0) | 0.00%<br>(0) | 0.00%<br>(0)   |

**M = 1.00**  
(ideal=1)

d) *The lecturers were well prepared.*

| 1 - I fully agree | 2            | 3            | 4            | 5 - I disagree |
|-------------------|--------------|--------------|--------------|----------------|
| 100.00%<br>(10)   | 0.00%<br>(0) | 0.00%<br>(0) | 0.00%<br>(0) | 0.00%<br>(0)   |

**M = 1.00**  
(ideal=1)

e) *Any comments on the structure of the course? Suggestions?*

For almost three months I was lost and don't know what to do next step. I search on the internet and read books in order to find how to be motivated and how to make time table. However it doesn't help. This course is really nice and solves a lot of problems in my mind. Dr. Matthias gave many good suggestions and made me feel I can find the goal again. Many thanks and best wishes. Su

very helpful

### 3. Practical elements of the course

a) How do you rate the opportunities / time you got to gain hands-on experience on the methodologies presented?

| 1 – excellent | 2             | 3            | 4            | 5 – poor     |
|---------------|---------------|--------------|--------------|--------------|
| 80.00%<br>(8) | 20.00%<br>(2) | 0.00%<br>(0) | 0.00%<br>(0) | 0.00%<br>(0) |

**M = 1.20**  
(ideal=1)

b) Please rate the equipment available at the course. (e.g., laboratory, analytical instruments, lab consumables, etc.)

| 1 – excellent | 2             | 3            | 4            | 5 – poor     |
|---------------|---------------|--------------|--------------|--------------|
| 80.00%<br>(8) | 20.00%<br>(2) | 0.00%<br>(0) | 0.00%<br>(0) | 0.00%<br>(0) |

**M = 1.20**  
(ideal=1)

### 4. Theoretical elements of the course

a) How do you rate the course materials you received?

| 1 – excellent | 2             | 3            | 4            | 5 – poor     |
|---------------|---------------|--------------|--------------|--------------|
| 60.00%<br>(6) | 40.00%<br>(4) | 0.00%<br>(0) | 0.00%<br>(0) | 0.00%<br>(0) |

**M = 1.40**  
(ideal=1)

b) How do you rate the theory seminars accompanying the course?

| 1 – excellent | 2             | 3            | 4            | 5 – poor     |
|---------------|---------------|--------------|--------------|--------------|
| 70.00%<br>(7) | 30.00%<br>(3) | 0.00%<br>(0) | 0.00%<br>(0) | 0.00%<br>(0) |

**M = 1.30**  
(ideal=1)

## 5. Overall opinion – subjective evaluation

a) Was it worthwhile to attend the course?

| 1 - yes, absolutely | 2             | 3            | 4            | 5 - no, not at all |
|---------------------|---------------|--------------|--------------|--------------------|
| 88.89%<br>(8)       | 11.11%<br>(1) | 0.00%<br>(0) | 0.00%<br>(0) | 0.00%<br>(0)       |

**M = 1.11**  
(ideal=1)

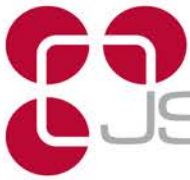
b) With respect to the following aspects, did you gain from attending the lecture? (ideal=1)

|   | 1- yes, very much | 2             | 3             | 4            | 5 - no, not at all | M           |
|---|-------------------|---------------|---------------|--------------|--------------------|-------------|
| Knowledge about scientific theories and concepts                              | 57.14%<br>(4)     | 42.86%<br>(3) | 0.00%<br>(0)  | 0.00%<br>(0) | 0.00%<br>(0)       | <b>1.43</b> |
| Knowledge about current analytical techniques                                 | 25.00%<br>(1)     | 25.00%<br>(1) | 25.00%<br>(1) | 0.00%<br>(0) | 25.00%<br>(1)      | <b>2.75</b> |
| Practical experience with current analytical techniques                       | 20.00%<br>(1)     | 60.00%<br>(3) | 0.00%<br>(0)  | 0.00%<br>(0) | 20.00%<br>(1)      | <b>2.40</b> |
| Transferrable skills (e.g., team work, strategies to approach problems, etc.) | 88.89%<br>(8)     | 11.11%<br>(1) | 0.00%<br>(0)  | 0.00%<br>(0) | 0.00%<br>(0)       | <b>1.11</b> |
| Competences in working independently  | 75.00%<br>(6)     | 25.00%<br>(2) | 0.00%<br>(0)  | 0.00%<br>(0) | 0.00%<br>(0)       | <b>1.25</b> |
| Interdisciplinary thinking  | 62.50%<br>(5)     | 25.00%<br>(2) | 12.50%<br>(1) | 0.00%<br>(0) | 0.00%<br>(0)       | <b>1.50</b> |
| Contacts to other JSMC members  | 40.00%<br>(2)     | 0.00%<br>(0)  | 60.00%<br>(3) | 0.00%<br>(0) | 0.00%<br>(0)       | <b>2.20</b> |

c) How do you rate the ratio of the practical and theoretical elements of the course?

| 1 - too much theory | 2             | 3 - ideal     | 4            | 5 - too little theory |
|---------------------|---------------|---------------|--------------|-----------------------|
| 0.00%<br>(0)        | 30.00%<br>(3) | 70.00%<br>(7) | 0.00%<br>(0) | 0.00%<br>(0)          |

**M = 2.70**  
(ideal=3)



d) *What did you like / dislike in particular?*

Nice course with a lot of knowledge that can help you deal with your problems. Dr. Matthias is a good listener and has a very nice appealing expression, making you feel he's the one that you can trust and share your story.

Great structure! Interesting points raised - I found some areas of improvement in my own time management. Thanks for the great course

e) *Do you have suggestions for improvement?*

The course is more about how to manage your time to achieve your goal. But my main problem is that I want to know how to make a long term goal. This is the only missing part.

Sep 16, 2016  
JSMC/Katja Präfcke  
Phone: 03641-9-30421  
office@jsmc.info